

SAVING LIVES

Adams Area Ambulance



"With our continued funding for up to date training, we are able to keep our members fully trained in CPR and First Aid. On July 3rd 2020, My partner and I were providing coverage for the Stock Car Races in Lansing, MN, in case there was a need for First Aid. Towards the end of the night, frantic spectators and employees began running towards our truck crying and screaming for help. As I grabbed our emergency response bag and AED and ran towards the grandstands, I noticed in the darkness an individual lying on the ground with bystanders performing CPR.

When I got to the Patients side, I noticed that the individual was not breathing and did not have a pulse. I advised the bystander to continue with CPR, while my partner placed the AED pads on the patients chest. After the AED completed analyzing for heart rhythm, the AED stated "shock advised".

A shock was then administered with the AED. I then took over with chest compressions for 2 minutes. The AED again analyzed the heart rhythm, with another shock advised. A second shock was delivered to the patient, with CPR continued after the shock. My partner then began CPR, after about the fourth compression of the chest the patient reached up and grabbed her arm.

CPR was then stopped and the patient was then checked for a pulse, with a faint pulse the patient was starting to breath on his own and was becoming more alert. By the time the ambulance and officers arrived on scene, the patient was alert and trying to speak. The patient was then transported to Mayo Clinic Health Systems in Austin, and flown to Saint Mary's in Rochester. The patient was given an implanted pacemaker and was released from the hospital four days later and was back out at the race track that Friday night."



Cardiac Arrest survivor on left with Brandon (Adams Area Ambulance) on right

