

GUÍA DE RECURSOS DEL CONDADO DE MOWER

COMIDA

American Red Cross (Disaster)	1-800-733-2767
Austin Hot Meals on Wheels	507-438-3140
Christ Episcopal Church	507-433-3782
CLUES	507-355-2575
Cornerstone Church Austin	507-433-7008
Ellis Pantry	507-460-1500
Hometown Food Security Project	507-460-3906
LeRoy Area Ministerial Association	507-324-5283
Lyle Our Savior's Lutheran Church	507-325-4684
Mower County DHS (Vouchers)	507-437-9701
Mower County Senior Center	507-433-2370
Our Savior's Lutheran Church	507-437-4516
Packer Pantry (Austin High School)	507-460-1800
Picket Place	507-373-7759
Racine Methodist	507-378-4801
Ruby's Pantry	507-433-3445
Semcac	507-864-8231
The Salvation Army	507-437-4566
Twin Towers	507-373-7759
United Way of Mower County (K-12)	507-437-2313
WIC (Women, Infant, & Children)	507-437-9799

ROPA Y ARTÍCULOS DE CUIDADO

PERSONAL

Career Force (Work Clothing)	507-460-5020
Ellis Pantry	507-460-1500
Our Savior's Lutheran Church	507-437-4516
Packer Pantry	507-460-1900
Parenting Resource Center	507-437-8330
Rachel's Hope (NB - 2.5 yrs)	507-437-7595
The Salvation Army	507-433-4566
United Way of Mower County (3-18 yrs)	507-437-2313

VIVIENDA

Por favor, llame en el orden de la lista para poder ayudarlo mejor.

American Red Cross (Disaster)	1-800-733-2767
Austin HRA	507-433-1866
CLUES	507-355-2575
Independent Management Services	507-437-6389
Mower County DHS (Vouchers)	507-437-9701
Mower County HRA	507-434-5556
Semcac (Emergency)	507-433-5889
The Salvation Army (Emergency)	507-437-4566

UTILIDADES

Mower County DHS	507-437-9701
Semcac	507-433-5889
The Salvation Army	507-433-4566

SERVICIOS HUMANOS

Austin Human Rights Commission	507-437-9940
Cedar Valley Services	507-433-2303
Health Access Minnesota	507-589-8649
IMAA Intercultural Mutual Asst. Assoc.	50-289-5960
Independent Management Services	507-437-6389
Lutheran Social Services of MN	1-800-582-5260
Mower County DHS	507-437-9701
United Way 211 Resource Specialist	2-1-1
Welcome Center	507-437-8330

SERVICIOS PARA DISCAPACITADOS

Cedar Branch DAC Adams	507-582-7726
Cedar House, Inc.	507-437-9152
Cedar Valley Services	507-433-2303
Independent Management Services	507-437-6389
LIFE Mower County	507-433-8994
MN Children w/ Special Health Needs	1-800-728-5420
MN State Council on Disabilities	651-361-7800
Mower Council for the Handicapped	507-433-9609
REM Woodvale	507-433-7301

SERVICIOS LEGALES

Immigrant Law Center of MN	1-651-641-1011
Minnesota Family Law Project	1-866-292-0080
Southern MN Regional Legal Services	1-877-696-6529

EDUCACIÓN DE ADULTOS

Austin Adult Learning & GED	507-460-1860
Austin Community Education	507-460-1700
Autism Resource Specialist	507-433-4243
CLUES	507-355-2575
English Language Learning	507-433-0600
Univ. of MN Ext, Mower County	507-437-9552

EDUCACIÓN PARA PADRES

Austin Aspires, Parent to Parent	507-437-0920
ECFE (Early Childhood Family Ed.)	507-460-1709
Parent WARMLINE	507-440-4164
Parenting Resource Center	507-437-8330

CUIDADO INFANTIL/GUARDERIA

Apple Lane	507-433-0070
Austin Aspires Daycare List	507-437-6389
Catherwood Home Childcare	507-434-2160
Community Learning Center	507-460-1700
Congregational	507-219-0840
Head Start Program	507-703-0977
Helping Homes (Emergency)	507-438-1270
Mower County Childcare Assistance	507-437-9701
Mower County Public Health	507-377-5511
Pacelli	507-437-3278
Wee Learning Center	507-433-6463
YMCA	507-433-1804

PROGRAMAS JUVENIL

4- H of Mower County	507-437-9552
Austin Community Education	507-460-1715
Austin Community Recreation Center	507-433-1804
Austin Park & Recreation Program	507-433-1881
Girl Scouts River Valley	1-800-845-0787
J.C Hormel Nature Center	507-437-7519
Twin Valley Council, Boy Scouts	507-387-3123

EMPLEO Y CONSEJERO DE CARRERAS

Cedar Valley Services	507-433-2303
CLUES	507-355-2575
Riverland Community College	507-433-0600
Welcome Center	507-437-8330
Workforce Development	507-460-5020

FUERZAS POLICIALES / EMERGENCIAS / SERVICIOS DE CRISIS

Emergency Call	9-1-1
APD Non-Emergency	507-437-9400
Child Protection Services	507-437-9700
Crime Victims Resource Center	507-437-6680
Crisis Response	844-274-7472
Mower County Sheriff	507-437-9400

SERVICIOS DE SALUD

Adams Health Care Center	507-582-3263
Austin Hy-Vee Express Clinic	507-437-7625
Children's Dental Health Services	507-529-0436
Financial Patient Services	844-217-9591
Health Access Minnesota	507-589-8136
Hormel Employee Clinic	507-434-6982
Mayo Clinic Health System	507-433-7351
Mower County Public Health	507-434-9770
Nurse Care Line	888-609-4065
Patient Education	507-434-1753
Patient Online Services Support Line	877-858-0398
QPP Employee Clinic	507-434-6299
Sacred Heart Home Health Care	507-433-1808
SingleCare	844-234-3057
Youth w/ Special Health Needs	1-800-728-5420

PREVENCIÓN DE CONSUMO DE SUSTANCIAS

Alcoholics & Narcotics Anonymous	507-433-9868
Austin Alano Groups	507-433-9868
Independent Management Services	507-437-6389
Mayo Clinic Health System	507-434-1890
Recovery Is Happening	507-218-4773

SALUD MENTAL Y GRUPOS DE APOYO

Adult Children of Alcoholics	507-437-3797
Austin Manor	507-433-5569
Cedar House	507-437-9152
Cedar River Counseling Services	507-433-6482
Celebrate Recovery	507-433-7008
Crimes Victims Resource Center	507-437-6680
Family Focus	507-434-3586
Fernbrook Family Center	507-589-4535
Independent Management Services	507-437-6389
Lutheran Social Services	1-800-582-5260
Mayo Clinic Health System	507-433-7351
Mayo Clinic Social Services	507-437-7351
Mother of Children with Handicaps	507-325-4742
Nexus-Gerard Family Healing	507-433-1845
Recovery Is Happening	507-218-4773
Suicide Hotline	9-8-8
Support with Love LGBTQ+	507-440-4164
Veteran Service Office Mower County	507-434-2712

TRANSPORTE

AB Taxi	507-434-9689
DMV	507-433-8744
Quick Ride Taxi Service	507-433-9055
SMART Transit	1-855-762-7821

24/7

● CONFIDENCIAL

2.1.1

GRATIS

● 150+ IDIOMAS

LLAME AL 211

UN NAVEGADOR EXPERTO LO GUIARA CON LA AYUDA QUE NECESITA:

- Vivienda
- Salud Mental y Adicciones
- Justicia penal/Cuestiones legales
- Necesidades básicas
- Atención médica
- Subsidio por bajos ingresos/Empleo
- Ayuda Financiera
- ... ¡y mucho más!

LLAME AL 211, MENSAJE DE TEXTO AL 898-211, O VISÍTENOS EN LÍNEA
211UNITEDWAY.ORG

