

MOWER COUNTY COVID-19 RESPONSE

The COVID-19 Pandemic has many wondering what they are going to do, and where they are going to find the help they need. This resource sheet is here to help answer those questions, and connect you with local resources. For more information, visit WWW.UWMOWER.ORG. For any questions, please contact United Way of Mower County: at: 507-437-2313

Healthcare

Mayo Clinic Health Systems

- Appointments: 507-433-8758
Toll Free: 1-888-609-4065
- www.mayoclinichealthsystem.org/covid19
- * Call for appointment
- * If you are showing symptoms of COVID-19, call the Nurse Line at 507-293-9525

Mental Health

IMS

- 507-437-6389
- www.imsofmn.com
- info@imsofmn.com

Nexus-Gerard

- 507-434-4366
- www.nexusfamilyhealing.org

Food

Austin Public Schools

- ALL Austin Public School
- Murphy's Creek
- Meadows West
- Palmer Bus Garage
- * Children Ages 1-18
- * Monday-Friday
- * 11:30 am-12:30 pm

Salvation Army

- 507-437-4566
- www.tinyurl.com/ycpzz9xe
- * Call for appointment

Ruby's Pantry

- 507-433-3445
- www.tinyurl.com/y7dvp9gr
- * Mower County Fairgrounds
- * Third Thursday of the month
- * 5 pm - 6:30 pm

Personal Care

Parenting Resource Center

- 507-437-8330
- www.prc-austinmn.org
- * Diapers - newborn to size 6
- * Call for pick-up

Salvation Army

- 507-437-4566
- www.tinyurl.com/ycpzz9xe
- * Call for appointment

Personal Care

Emergency Operation Center

- 507-396-8227
- em@co.mower.mn.us
- * Essential services provided to those who have tested positive or quarantined

Financial

Career Force

- 507-433-0555
- www.tinyurl.com/y8datpzp
- * Call for unemployment info

Semcac

- 507-433-5889
- www.semcac.org
- * Call for assistance

Salvation Army

- 507-437-4566
- www.tinyurl.com/ycpzz9xe
- * Call for appointment

Not sure where to start?

Dial 2-1-1 for information.

COVID-19 INFORMATION

What does it cost to test?

- Patients have no financial responsibility for this test at this time.

What if your test is positive?

- Rest at home and self-isolate to avoid spreading COVID-19. Contact your health care provider if symptoms worsen

Public Health Information

- Public Health - 507-437-9700
Office Hours: Monday through Friday - 8:00 am - 4:30 pm
- Essential services available through the Emergency Operation Center. Call: 507-396-8227 or email: em@co.mower.mn.us

Mayo Clinic Health System Language Services

- Austin - 507-434-1396
- Albert Lea- 507-377-6278

Protecting Yourself and Others from COVID-19

www.cdc.gov/coronavirus/2019-ncov/downloads/2019-ncov-factsheet.pdf



What Your Test Means

www.cdc.gov/coronavirus/2019-ncov/downloads/What-Your-Test-Results-Mean.pdf



What To Do While Waiting For COVID-19 Test Results

www.health.state.mn.us/diseases/coronavirus/waiting.pdf

