



BECAUSE EVERYONE DESERVES A HEALTHY LIFE

LIVE UNITED

“ **W**e have a man at Cedar Branch DAC who has lost well over 100 pounds using the New Step exercise machine in our therapy program. His team and doctors credit this machine as well as the encouragement of staff and their willingness to walk with him for his success. Before losing this weight the individual was unable to get into a vehicle without the use of a lift. Now he is able to get into a regular vehicle.

We were able to purchase the New Step exercise machine through funding from the United Way of Mower County. Without this funding we would not have been able to provide this form of exercise for him as well as many others in our physical therapy program. Losing the weight has improved his quality of life, self-confidence as well as his health and well being. **”**



20

people were impacted by Cedar Branch Developmental Achievement Center's Therapy Program in 2018



United Way fights for the health, financial stability, basic needs, and education for every person in Mower County. To live better, we must LIVE UNITED. Make a difference at uwmower.org/donate