

HEALTHY COMMUNITIES = STRONG COMMUNITIES

We know that healthy communities are strong communities. When United Way uses social determinants of health (the conditions that affect quality of life: safe housing, quality education, jobs with living wages, inclusive and equitable opportunities, access to nutritious foods, etc.) as a guide, we are better equipped to understand and address the obstacles families are facing. Social determinants of health have become critical to our work by showing us that families in crisis are rarely struggling with a single, isolated issue. See just some examples of how your support helps create a healthy and strong community below:



Did you know that social and environmental factors account for nearly 70% of all health outcomes?

Social Determinant Of Health	The Reality	Our Impact
	<i>Sources: US Census Bureau, CDC, MN Department of Health, MN Department of Education, MN DEED, MN Childcare Aware</i>	<i>Services provided by UWMC funded programs - made possible by UWMC donors - in 2020</i>
Hunger	4,025 Mower County residents utilize SNAP/Food Stamp assistance	5,169 individuals received food support <i>Salvation Army, Semcac</i>
Access to Care	Only 18% of children ages 6-14 are eligible for regular dental checkups in Mower County are insured	820 uninsured children received dental care <i>Children's Dental Health Services</i>
Language & Literacy	Only 35% of students achieve reading standards in Austin	70 third graders received reading intervention services <i>ServeMinnesota</i>
Housing	41% of renting households are reported as cost-burdened	118 families received housing and utility payment assistance <i>Salvation Army, Semcac</i>
Transportation	7% of households in Mower County have no vehicle, 30% only have one	130 students received preschool transportation <i>Rainbow Route</i>
Education	1 in 54 children are diagnosed with autism spectrum disorder	30 children participated in ASD summer camps <i>Autism Friendly Austin Initiative</i>
Childcare	At an average of \$8,164 per year, childcare is 15% of the average Mower County resident's yearly income	53 students awarded childcare scholarships <i>Parenting Resource Center, Apple Lane</i>
Income & Jobs	24% of Mower County citizens ages 16-64 are unemployed	96 individuals received job coaching and placement <i>Workforce Development, Cedar Valley Services</i>
Isolation	31% of older Mower County adults (65+) live alone	156 seniors received home improvement assistance <i>Mower County Seniors</i>
Environment & Safety	12% (4,605) of Mower County residence are foreign-born	1,454 ethnically diverse individuals connected to community resources <i>Welcome Center, Immigrant Law Center</i>