GUÍA DE RECURSOS DEL CONDADO DE MOWER

Actualizado en noviembre de 2026

CLAVE:

- ✱ Ideal para los recién llegados*
  *No se requiere estatus migratorio para acceder al servicio
- Se aceptan visitas sin cita previa
- Se requiere cita
- Se necesita referencia
- $ Hay costos por servicio
- Servicios Virtuales
- \+ Se ofrecen servicios de idiomas/interpretación
- Asistencia en caso de emergencia
- Asistencia de transporte
- ⚠ Documentación requerida
- ● Es necesario cumplir con los requisitos de elegibilidad

Toda la información presentada ha sido proporcionada directamente por las propias organizaciones.

EDUCACIÓN DE ADULTOS

Austin Adult Learning & GED ✱	507-460-1860
Austin Public Library ✱ +	507-433-2391
CLUES	507-355-2575
Digital Navigator	507-606-1787
Riverland Community College (English Language Learning)	507-433-0600
Univ. of MN Ext, Mower County	612-624-1222

CUIDADO INFANTIL/GUARDERIA

Apple Lane ✱ $	507-433-0070
Austin Aspires Daycare List ✱ +	507-437-0920
Kids Korner ✱ $ ●	507-460-1706
Head Start Program	507-703-0977
Bright Horizons Inspired Beginnings Learning Academy	507-741-8880
Mower County Childcare Assistance	507-437-9701
Mower County Public Health	507-377-5511
Pacelli ✱ $	507-437-3278
Wee Learning Center	507-433-6463
YMCA ✱ $ +	507-433-1804

COMIDA

American Red Cross (Disaster)	800-733-2767
Austin Hot Meals on Wheels ✱ $	507-438-3140
Christ Episcopal Church ✱	507-433-3782
CLUES ✱ +	507-355-2575
Cornerstone Church Austin ✱	507-433-7008
Hometown Food Security ✱ +	507-460-3906
Le Roy Food Shelf +	507-440-3942
Lyle Our Savior's Lutheran Church ✱	507-325-4684
Mower County DHS SNAP + ⚠ ●	507-437-9701
Mower County Senior Center ✱ $	507-433-2370
Our Savior Lutheran Church (Hope Pantry and Closet) ✱	507-437-4516
Packer Pantry (Austin High School) ✱	507-460-1800
Pickett Place	507-437-2729
Rachel's Hope (NB-2.5 years) ✱ +	507-437-7595
Racine Methodist ✱	507-378-4801
Ruby's Pantry ✱	507-433-3445
Semcac (Senior Nutrition)	507-864-8231
Ellis Pantry and Clothing Closet (Middle school students)	507-460-1500
The Salvation Army ✱	507-437-4566
Twin Towers	507-433-1867
United Way of Mower County (K-12)	507-437-2313
WIC (Women, Infant, & Children)	507-437-9799

UTILIDADES

Mower County DHS ✱ + ⚠ ●	507-437-9701
Semcac ✱ ⚠ ●	507-433-5889
The Salvation Army ✱ ⚠ ●	507-433-4566

SERVICIOS DE SALUD

Adams Area Ambulance Service Joint Powers Board	507-582-3662
Adams Health Care Center	507-582-3263
Althing Clinic ✱ $ +	507-396-8284
Children's Dental Health Services ✱ $ ⚠	507-529-0436
Health Access Minnesota ✱ +	507-589-8649
Help Clinic $ +	507-279-2345
Hormel Foods Health Center + ●	507-434-6982
Mayo Clinic Financial Patient Services	844-217-9591
Mayo Clinic Health System ✱ $ +	507-433-7351
Medicare Insurance Eligibility	888-609-4065
Mayo Clinic Health System's Patient Online Services	877-858-0398
QPP Employee Clinic + ●	507-434-6299

SALUD MENTAL Y GRUPOS DE APOYO

Adult Children of Alcoholics	507-437-3797
Austin Manor	507-433-5569
Austin, MN Pride ✱	609-705-3724
Althing Clinic	507-396-8284
Cedar House, Inc.	507-437-9152
Cedar River Counseling Services	507-433-6482
Celebrate Recovery	507-433-7008
Charlie Health	986-206-0414
Crime Victims Resource Center	507-437-6680
Family Focus	507-434-3586
Fernbrook Family Center	507-589-4535
IMS ✱ $ + ●	507-437-6389
Lutheran Social Services of MN	1-800-582-5260
Mayo Clinic Health System	507-433-7351
Mayo Clinic Social Services	507-437-7351
Momentum Behavior Services	866-756-0128
Nexus Family Healing	507-434-4366
Rachel's Hope (NB-2.5 years) ✱ +	507-437-7595
Suicide Hotline ✱ +	9-8-8
Support with Love LGBTQIA+	507-440-4164
Spero ✱ +	844-274-7472
Veteran Service Office Mower County	507-434-2712
Fatherhood Support Group	507-606-2342
Moran Professional Corporation ✱ +	507-438-2010

ROPA Y ARTÍCULOS DE CUIDADO PERSONAL

Career Force (Work clothing)	507-460-5020
Our Savior Lutheran Church (Hope Pantry and Closet)	507-437-4516
Packer Pantry (High School Students)	507-460-1800
Parenting Resource Center (3T - Kids XL)	507-437-8330
Rachel's Hope (NB-2.5 years)	507-437-7595
Second Act Thrift Store	507-438-6378
Ellis Pantry and Clothing Closet (Middle School Students)	507-460-1500
United Way's Success Closet (3-18 yrs)	507-437-2313

SERVICIOS PARA DISCAPACITADOS

APS Special Services	507-460-1916
Cedar House, Inc.	507-437-9152
Cedar Valley Services	507-433-2303
IMS	507-437-6389
LIFE Mower County	507-433-8994
Minnesota Autism Center (MAC)	952-767-4200
MN State Council on Disabilities	651-361-7800
Mower Council for the Handicapped	507-433-9609
PACER Center	800-537-2237
REM Woodvale	507-433-7301

SERVICIOS HUMANOS

Austin Human Rights Commission	507-437-9940
Cedar Valley Services	507-433-2303
Community Health Workers at Mower County HHS	507-437-9701
Health Access Minnesota	507-589-8649
IMS	507-437-6389
Lutheran Social Services of MN	1-800-582-5260
Mower County Health and Human Services	507-437-9701
Mower County Senior Center	507-433-2370
United Way 211 Resource Specialist	2-1-1

SERVICIOS LEGALES

Immigrant Law Center of MN	1-651-641-1011
Minnesota Unbundled Law Project	1-800-8826722
Southern MN Regional Legal Services	1-877-696-6529

VIVIENDA

Por favor, llame en el orden de la lista para poder ayudarlo mejor.

American Red Cross (Disaster)	800-733-2767
Mower County DHS	507-437-9701
Semcac	507-433-5889
The Salvation Army (Emergency)	507-437-4566
Austin HRA	507-433-1866
IMS	507-437-6389
Mower Council for the Handicapped	507-433-9609
Mower County Housing Authority	507-434-5556
Catholic Charities of Southern MN	507-287-2047
Lutheran Social Services	507-316-8273

TRANSPORTE

AB Taxi	507-434-9689
DMV	507-433-8744
Quick Ride Taxi Service	507-433-9055
SMART Transit	1-855-762-7821

EMPLEO Y CONSEJERO DE CARRERAS

Cedar Valley Services	507-433-2303
CLUES	507-355-2575
Riverland Community College	507-433-0600
Welcome Center	507-437-8330
Workforce Development, Inc	507-460-5020
Digital Navigator	507-606-1787

FUERZAS POLICIALES / EMERGENCIAS / SERVICIOS DE CRISIS

APD Non-Emergency	507-437-9400
Child Protection Services	507-437-9701
Crime Victims Resource Center	507-437-6680
Crisis Response	1-844-274-7472
Spero Mobile Response	844-274-7472
Emergency Call	9-1-1
Mower County Sheriff	507-437-9400

PREVENCIÓN DE CONSUMO DE SUSTANCIAS

Alcoholics and Narcotics Anonymous	507-433-9868
Austin Alano Groups	507-433-9868
IMS	507-437-6389
Mayo Clinic Health System Fountain Centers	507-434-1890
Parenting Resource Center	507-437-8330
Recovery is Happening	507-355-0354

EDUCACIÓN PARA PADRES

Austin Aspires: Conscious Discipline	507-437-0920
Austin Public Library	507-433-2391
Catholic Charities Adoption	507-287-7807
Digital Navigator	507-606-1787
Parents Forever Divorce Education	507-437-8330
ECFE (Early Childhood Family Ed.)	507-460-1700
Head Start Program	507-703-0977
Parenting Resource Center	507-437-8330
Rachel's Hope (NB-2.5 years)	507-437-7595

PROGRAMAS JUVENIL

4-H of Mower County	507-437-9552
Austin Area Arts	507-434-0934
Austin Community Education	507-460-1706
Austin Public Library	507-433-2391
YMCA	507-433-1804
Girls Scouts River Valley	800-845-0787
J.C. Hormel Nature Center	507-437-7519
Austin Community Music Center	507-396-6730
Twin Valley Boy Scouts	507-387-3123

211

- 24/7
- CONFIDENCIAL
- GRATIS
- 150+ IDIOMAS

LLAME AL 211, MENSAJE DE TEXTO AL 898-211, O VISÍTENOS EN LÍNEA 211UNITEDWAY.ORG

UNITED WAY
Mower County